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I wanted to extend my sincerest thanks to Leslie Paladino at Kregel Publications for furnishing me with a review copy of Meg Wilson's *Hope after Betrayal: Healing When Sexual Addiction Invades Your Marriage*.

Sexual addiction is a problem that runs rampant in the society of our day. There are an increasingly large number of books available on this subject, but many of these have looked at sexual addiction from the man / husband's perspective. This book was of interest to me because it looks at sexual addiction from the perspective of the woman / wife who has been betrayed. *Hope After Betrayal* shares the stories of four women whose lives have been forever changed by their husband's secret sexual addiction finally coming to light. Over the course of ten chapters we learn of the journey Meg (the author), Tammy, Stephanie, and Renee have undertaken to find hope and healing from their husband's betrayal. The chapters progress as follows:

- Chapter 1 – Blackout (Brutal betrayal)
- Chapter 2 – Shrouded (Waiting for direction)
- Chapter 3 – First Shimmers (Seeing the obstacles)
- Chapter 4 – Lanterns (Safe people)
- Chapter 5 – Laser (Friend of foe)
- Chapter 6 – Shadowlands (Avoiding the dark)
- Chapter 7 – Glowworms (Absorbing and applying grace)
- Chapter 8 – Firefly (The glowworm with wings)
- Chapter 9 – Prisms (Accepting God's design)
- Chapter 10 – Path Lights (The road ahead)

Two important features to note at the end of each chapter are *Path Lights* and *Journaling*. *Path Lights* has between three to six scripture references that will be an encouragement to women who are walking through each stage of their own journey. The *Journaling* portion contained in each chapter is an important feature of this book. Meg encourages women to keep a personal journal as they walk through each milestone of their journey towards hope and healing. Journaling is not something that comes easily for everyone. Fortunately this section has questions, ideas for prayer, and scripture meditation that should help readers to start writing in their journals.

There are actually eleven chapters in this book. Chapter eleven is titled *Refraction (My Husband's Perspective)*. What sets this chapter apart from the previous ten is that it's written by Meg's husband. He answers many of the common questions women have about their husband's sexual addiction. Following chapter eleven there are two appendices. Appendix A talks more about the practice of journaling. Appendix B lists additional resources (books, web sites, computer filters / monitoring) for coping with the fallout that comes from sexual addiction.

Many thanks to Meg Wilson, her husband, and the other women who have shared their stories in this book. Throughout its entirety, this book focuses on the importance of relying on Jesus Christ, who is able to bring true hope and healing to the process of recovery from sexual addiction. I would highly recommend this book to any pastor, counselor, or layperson who works with those recovering from or affected by sexual addiction. For the men who are on the road to recovery from sexual addiction, this book will help you to better comprehend what your wife is going through. For the women who are on their own journey towards hope and healing from betrayal, this book is written with you in mind. The format of this book makes it very usable in a small group setting, but it will be just as practical for the individual. While I don't normally give star ratings to books, I give this book five stars. Meg Wilson has presented one of the most practical and Christ-centered approaches to hope and healing from the betrayal of sexual addiction I've seen to date.

Meg Wilson is a regular speaker to women's groups, Bible studies, and conferences. Five years ago she founded the Healing hearts Ministry to offer help and hope to women whose husbands are caught in the web of sexual addiction. Learn more at www.hopeafterbetrayal.com.